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URBAN ETIQUETTE
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metroVIEWS

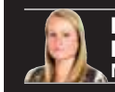


High 11°C /Low 3°C Cold

Police find Hailey's body

AMBER ALERT

Unidentified 22-year-old man still in custody



Lucie Edwardson
Metro | Calgary

RCMP called off an Amber Alert and confirmed Tuesday night the worst had happened, saying that the remains of two-year-old Hailey Dunbar-Blanchette had been found.

Hailey was reported missing Monday and later that day the body of her father, 27-year-old Terry Blanchette, had been found in his Blairmore home.

RCMP Supt. Tony Hamori said Hailey's body was found in a rural area near Blairmore during a police search Tuesday afternoon.

"Hailey's family has been notified and we extended our deepest condolences to the family for the loss of Hailey and also for the loss of Terry," he said.

"This is a sad day for the investigators, citizens of Blairmore and all of the Canadians who hoped Hailey would be found and returned unharmed."

The Amber Alert was cancelled Tuesday night. Hamori said public assistance is no longer needed in locating the white van that police had been searching for.

The 22-year-old man who was taken into custody by RCMP early Tuesday remains in custody for questioning in relation to the case.

Hamori said charges are pending and the suspect's identity will be made public after those charges have been sworn.

"The goal now is to complete the investigation into the death of Hailey and her father Terry," he said.

More information was expected at 10 a.m. on Wednesday.

Inside coverage

- Father and daughter remembered
- Timeline of events



The search for two-year-old Hailey Dunbar-Blanchette was cancelled after police found her remains Tuesday afternoon. CORETTE HARRINGTON/FACEBOOK

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metro NEWS

Your essential daily news



No invitation? No problem. May to debate digitally. **Canada**

Nearly carbon-neutral neighbourhood approved

FAST FACTS

Q: How is Blatchford going to hit its green targets?
A: First, buildings on the site will be held to a much higher standard for energy efficiency and conservation, including a requirement they be solar ready. That will be combined with a shallow geothermal system and sewer-heat exchange system to provide heat and hot water.

Q: How will geothermal energy work?
A: The proposal is to have a shallow geothermal system on the site as well as a sewer-heat exchange that would heat water, supported by heat pumps that would be powered by electricity.

Q: Will it be carbon neutral?
A: Not at first. The shallow geothermal system won't provide enough heat to completely warm a house or water for use, so heat pumps will have to be used to boost the water. Those pumps will run off electricity, which in Alberta means coal-fired generation. The city hopes to use solar power, but solar will be phased in as the technology improves and becomes cheaper.



DEVELOPMENT

Blatchford will take years to achieve vision



Ryan Tumilty
Metro | Edmonton

A new district energy system council approved Tuesday for the Blatchford redevelopment will take up to a decade to realize the original, promised vision of a carbon-neutral neighbourhood.

City councillors saw plans for a shallow geothermal system that, combined with high-energy efficiency standards for homes and businesses, is expected to see Blatchford be 78 per cent carbon neutral when it starts welcoming residents in 2016.

In July 2009, when the city first closed the airport where Blatchford is being built, it promised to create a world-leading sustainable community that would set an example on the environment.

Integral Group, which helped build the Blatchford master plan, notes in a 2014 document the project will be "100 per cent carbon-neutral" and that in the long-term it would become "beyond carbon-neutral."

That plan was developed by the architecture firm Perkins + Will, who later complained the city had watered down their vision when they moved toward implementation.

Mark Hall, the project's executive director, told council Tuesday the idea is not to rely on any one technology.

"There were a number of different technologies that when we put them all together in a system, it did get us to council's vision," he said.

But getting it to zero will be a longer-term play, as the geothermal system will need some electricity, which will currently come from the province's coal-power grid, he said.

Hall added they expect to use renewable technologies like solar energy to get the system off the provincial grid within 10 years.

Mayor Don Iveson congratulated the team and said the neighbourhood is becoming the green community that council wanted.

"You're rising to the challenge of keeping the bargain we made with our citizens," he said.

Iveson said that while Blatchford might not be carbon-neutral on day one, it will get there.

"It's a prudent approach using proven technology that we can scale up to make this neighbourhood successful."



Concept art shows a proposed geo-exchange centre for the Blatchford site that would allow the public to see the technology at work. The area will likely take as long as 10 years to reach neutrality. CONTRIBUTED



The neighbourhood is estimated to take 25 years to build, but some residents could move in as early as late 2016.
CONTRIBUTED; FAR LEFT: KEVIN TUONG/FOR METRO



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Residents gather for a candlelight vigil in Blairmore, Alta.; Top right: Blanchette with Hailey; Bottom right: Friends of the family embrace outside police headquarters while the investigation continues. JEFF MCINTOSH/THE CANADIAN PRESS; FACEBOOK

Blanchette described as a doting father

INVESTIGATION

Neighbour says there was always laughter in their home

A clearer picture has emerged of Terry Blanchette, the deceased father of Hailey Dunbar-Blanchette, whose body was found late Tuesday.

Blanchette, who worked as a cook in a restaurant and was described as a doting father by friends and his boss, had many criminal convictions between 2010 and 2012.

There are no court records after 2012. That's when Blanchette's Facebook posts switched from talk of court dates to pictures of him with his baby daughter.

"I'm not the bad guy for not wanting my child around drug-addicted pedophiles," said a post attributed to Blanchette on March 8, 2013.

Family friend Corette Harrington said Hailey's mother, Cheyenne Dunbar, and Blanchette amicably shared custody of their little girl. She lived with her dad full time, and Dunbar visited every few weeks from Edmonton.

Supt. Tony Hamori said Dunbar was working with investigators.

> **He was taking good care of her.**
> Angela Mathieson

"To my knowledge, she has been co-operative with the investigation," he said during the search.

"Police have been speaking with her, and obviously, at this point in time, follow-up investigation is going to be done."

Neighbour Angela Mathieson said it was clear Blanchette loved being a father: "He was taking good care of her. There was always laughing and giggling going on over there."

Hamori said police found Blanchette's body shortly before noon on Monday and it was information from neighbours that led investigators to believe Hailey was taken at around 3:30 a.m.

Blair Painter, mayor of Crowsnest Pass, said everyone in the area is feeling pain. "This is the news that nobody wanted to hear," he said. "This is going to devastate our community, and it's going to take us a long time to heal from this."

Tuesday night's vigil had started out with a group wearing yellow arm bands talking about searching the nearby woods for Hailey.

Candles and stuffed animals covered a picnic table by a playground just around the corner from the home where Hailey had lived.

A group sang a reworked version of the old spiritual "Kumbaya" — "A girl is missing, my Lord, Kumbaya ... bring her back to us, Kumbaya."

A pink sign with "Please bring our baby Hailey home safe" hung on the park's gate, a single teddy bear affixed to it.

The news swept across social media, prompting an outpouring of sadness from across the country.

"My heart is broke, can't stop crying," Cathy Hollahan posted to a Facebook page called Let's Bring Hailey Home Safe. "RIP, my darling." THE CANADIAN PRESS

TIMELINE

Sept. 14, 3:30 a.m. When police say they believe Hailey was abducted from her home.

11:12 a.m. Crowsnest Pass RCMP receive a call reporting a death at a Blairmore home. They find the body of Hailey's father, Terry Blanchette, 27.

2:14 p.m. An Amber Alert is issued. RCMP say they are then contacted by the child's mother, Cheyenne Dunbar, who does not have the child.

3:15 p.m. The Amber Alert is extended.

Sept. 15, 1 p.m. Police arrest a 22-year-old man in connection with the disappearance and death.

9:00 p.m. Police cancel the Amber Alert after finding remains. THE CANADIAN PRESS

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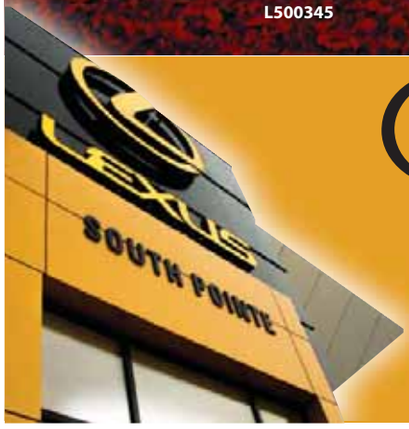
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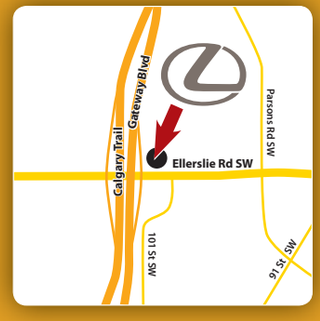


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Thomas Lukaszuk and Laurie Blakeman said Tuesday's discussion was wrought with denials and accusations.
BRAEDEN JONES/METRO

Chaos at school-board meeting

ECSB

Archbishop drafting alternative gender policy



Braeden Jones
Metro | Edmonton

"Speak to the issue, out of order, speak to the issue — speak to the issue!" yelled Edmonton Catholic School Board chairwoman Debbie Engel at an often-chaotic board of trustees meeting Tuesday.

Engel's demand came after calling a recess to end shouting matches between trustees Patricia Grell — who introduced a policy to support transgender students last May and hoped to see it adopted Tuesday — and Cindy Olsen, who said the policy was redundant and trans issues were covered under existing rules.

The meeting continually devolved into emotional and heated exchanges, and the vote was ultimately postponed to Oct. 15.

Meanwhile, the young girl at the centre of the debate continues attending school classes.

Edmonton's Catholic archbishop, Richard Smith, has reportedly drafted an alternative gender policy, expected to be ready later this month, though he is not paid to draft policy like the school trustees who created the current proposal.

Regardless, many at the meeting Tuesday wanted to wait to see Smith's policy before making a decision, adding that consultation conducted this summer on the policy was insufficient.

Transgender woman Marni Panas, a Catholic school parent they consulted, said she doesn't have high hopes for the policy yet to come or that the policy she helped draft will ever be adopted.

"It was evidence-based, and based on best practice, I can't think of how they could do any better," she said.

IDENTITY

Debate redundant, says trans expert

As the Edmonton Catholic School Board debated a gender-identity policy, an expert said passing it is the only option, as identity protection is enshrined in Canadian law.

Jan Butterman, president of the Trans Equality Society of Alberta, said policies and laws far above the school board's jurisdiction already protect gender identity from discrimination.

"I'm always a little bit unclear as to why there is a conflict on this issue arising in the first place," Butterman said, referencing the Edmonton Catholic School Board's ongoing drama with accommodating a transgendered student and a policy its board has crafted.

"The Bill of Rights explicitly states gender identity and gender expression are covered.... If you look at the Human Rights Commission's materials, they state clearly male, female, transgender are all recognized.

"They (the Catholic School Board) are obligated not to discriminate and they are obligated to accommodate."

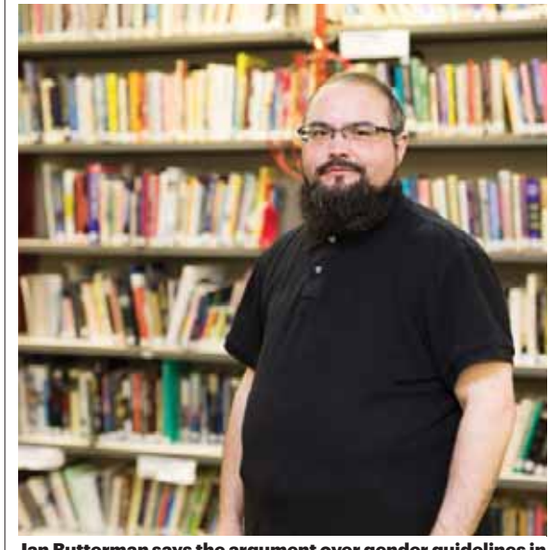
Butterman added the science and existing policies protecting the fundamental freedoms of trans-identifying people should make passing an inclusive policy at the district level easy and that trustees should be "very cautious" about how they frame discussions around it.

"It's not okay for a group of adults to be deciding things about a child destructive to that child's experience in school or that child's identity," he said.

Butterman also said trans-identifying individuals will often have been medically diagnosed with gender dysphoria, adding further complications for any organization that discriminates against them.

"We don't typically expect teachers or administrators are going to be getting overly interested in private aspects of our lives related to a medical condition," he said.

BRAEDEN JONES/METRO



Jan Butterman says the argument over gender guidelines in schools is trumped by human-rights laws in Canada.
KEVIN TUONG/FOR METRO

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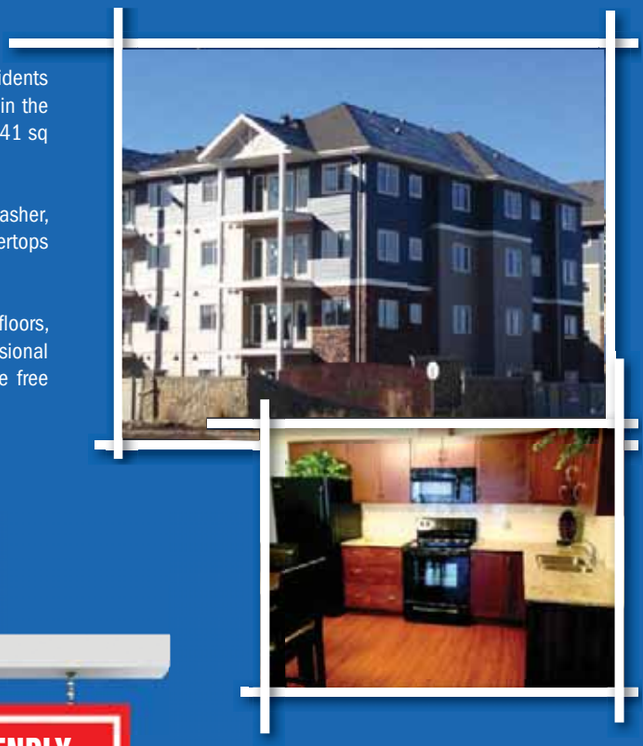
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AIRLINES

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Andrea Ross
Metro | Edmonton

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WestJet announced the flights Tuesday, which will run twice a week beginning May 6, 2016. Flights will land at London's Gatwick airport, about 30 minutes from central London.

Edmonton is one of six Canadian cities from which WestJet will fly directly to London. Additionally, passengers flying from other Alberta airports such as Fort McMurray can connect through Edmonton International Airport to London Gatwick through WestJet for an additional $20.

"Canadians have been paying far too much to fly to Europe for far too long," WestJet Executive Vice-President Bob Cummings said. "Gatwick is a very convenient airport. There's great connectivity across Europe from Gatwick as well."

All London flights from Edmonton will be flown on one of four 767 aircraft, which are 50 per cent larger than WestJet's biggest 737 and can fly for 11 hours straight. Each plane seats 262 guests including 24 premium seats. Flights will leave in the afternoon or evening, arriving in London morning or afternoon of the next day.

Cummings said passengers can expect more direct flight announcements in the future.

Man apologizes for offensive tweet

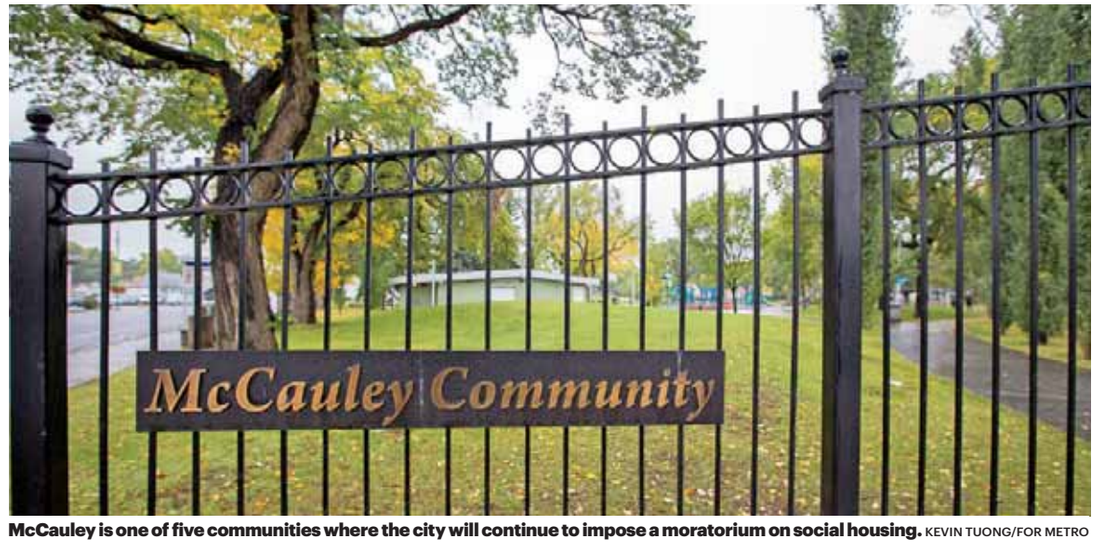


Tim Querengesser
Metro | Edmonton

A Canaccord Genuity employee in Edmonton who tweeted recently that Environment Minister Shannon Phillips looked "chubby" has offered her an apology. Markus Muhs posted on his Facebook page Tuesday that he regrets posting the offensive tweet and that he was acting as a troll.

The tweet "was posted in anger/frustration for our Environment Minister's blatant contempt for the Alberta economy," he writes. But Muhs' apology isn't free of criticism for Phillips. He describes her as an "environmental activist" and writes that "she and her ilk are lying to and deceiving Albertans in an effort to push through their green agenda."

Further in the post, Muhs writes that he's heavier than Phillips and that, "To tell the truth I was slighty (sic) inebriated at the time I posted it"



McCauley is one of five communities where the city will continue to impose a moratorium on social housing. KEVIN TUONG/FOR METRO

Housing ban pleases some, worries others

SOCIAL SERVICES

Move could put affordable homes out of reach: Critics



Ryan Tumilty
Metro | Edmonton

The city granted the wishes of many in downtown neighbourhoods by extending its moratorium on new social housing in the core Tuesday, but some worry the move could leave those in need without affordable homes.

Three years ago, leaders from McCauley, Alberta Avenue, Queen Mary Park, Eastwood and Central McDougall all lobbied for the moratorium on new social housing in the core because, they said, it was overly concentrated in their backyards.

The city agreed and imposed a moratorium, which was set to expire this November.

On Tuesday, council extended the ban.

"We had to send a message to those communities and also send a message to other communities that they have a responsibility to take some of the role here," Coun. Scott McKeen said.

McCauley resident Nicholas Hermansen said his community has more non-market housing than market housing and can't be the only neighbourhood sharing that load.

"We want diverse and inclusive communities across the city," he said.

"Our job is not to be the home for low-income housing."

But Boyle Street Executive Director Julian Daly said the moratorium could create future problems.

"We believe that housing is the solution and not the problem," he said. "We need a lot of new units in our city to address poverty and reduce homelessness."

The city will look at some opportunities for exceptions to the moratorium that could include seniors' residences, home-ownership programs and other initiatives.

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Despite taking 30 to 40 anti-convulsive pills daily, Mia would suffer up to 100 seizures a day. Since she started taking cannabis oil she has not had a single seizure, but Alberta will not prescribe her more. THE CANADIAN PRESS

Mom taking 'leap of faith'

MEDICAL MARIJUANA

Albertan denied prescription for daughter turns to Ontario clinic

An Alberta mother whose daughter has severe epilepsy has travelled to Ontario for a medical marijuana prescription after the girl's doctor said he was no longer allowed to provide permission to purchase the product.

In 2013, Sarah Wilkinson had started extracting cannabis oil from dried marijuana — purchased from a licensed grower with a prescription from a neurologist at Alberta Children's Hospital — to prevent life-threatening seizures in her eight-year-old daughter Mia.

But in July, the physician declined to renew the prescription because of a hospital policy based on the position of Alberta Health Services, the provincial health authority, which does not support the use of medical marijuana for pediatric patients with epilepsy.

Wilkinson said the cannabis oil is the only therapy that has worked to stop Mia's seizures, caused by a rare type of epilepsy called Ohtahara syndrome.

Despite taking 30 to 40 anti-convulsive pills daily, Mia would suffer up to 100 seizures a day, said her mother. But since starting daily doses of oral cannabis oil 19 months ago, she has not had a single seizure.

On Monday, Mia was seen by a doctor at the Canadian Cannabis Clinic in St. Catharines, Ont., and left with a prescription for dried marijuana, which her mother can fill from a federally licensed producer after returning to their Airdrie, Alta., home.

"It's a big relief. I don't have to worry about when I run out of her meds," said her mother, who had been worried about her dwindling supply of medical-grade marijuana purchased with the initial prescription.

> **People are thinking it's a wonder drug ... I think it's too early to say that.**
> Researcher McIntyre Burnham

Wilkinson said she turned to cannabis because nothing else was helping her child, whose seizures could be so severe she would stop breathing and have to be resuscitated and rushed to hospital.

"I really took a big leap of faith with that," she said of the cannabis oil, adding that within 24 hours of the first dose, Mia's seizures had completely stopped.

For Mia, tetrahydrocannabinol, or TH, appears to be the ingredient in marijuana that controls her seizures.

Without the treatment, "we would have waited for the next big seizure and she would have died. There's not a really nice way to say that."

THE CANADIAN PRESS

CITY HALL CURRENT EVENTS IN MUNICIPAL GOVERNMENT

Mayor Iveson wants affordable housing to be an election issue

Edmonton councillors want residents to make the city's affordable housing issues an election issue during this campaign.

Councillors received a troubling assessment of the state of affordable housing on Tuesday, which identified more than 11,000 units in the city that currently receive federal funding that is gradually being phased out.

As contracts run out, the federal government has said they won't be renewing them, which the city estimates could lead to the closure of 4,500 units by 2030.

Mayor Don Iveson said the federal and provincial governments' dwindling support for housing has to be addressed. He said a lack of affordable housing leads to social disorder, higher costs for policing and higher wait times in hospitals.

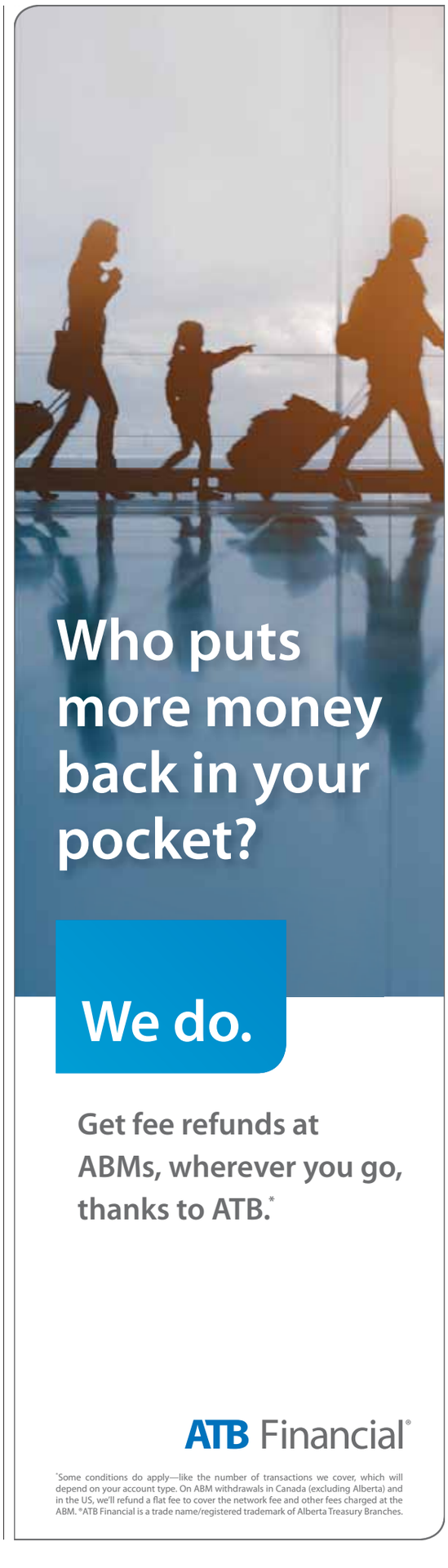
"If those things matter to voters they should be asking extremely probing questions," he said.

He said while the city has built affordable housing, despite not having a mandate, other levels of government aren't doing their fair share.

"My hostility is directed at Ottawa. It's absolutely directed at Ottawa."

Iveson said all of the country's big city mayors are on the same table with him on this issue and he hopes federal politicians take notice.

RYAN TUMILTY/METRO



CRIME

Luck runs dry for local 'Scratch and Lose' bandit

A man who hid from police for nine hours in the Gold Bar Wastewater Treatment Plant earlier this month is facing 33 separate charges related to a string of robberies this summer.

Police have dubbed the man the "Scratch and Lose" bandit after there were seven robberies of thousands of dollars worth of scratch-and-win lottery tickets from convenience stores across the city between June 18 and Sept 3.

Jacob Shane Ritson-Bennett, 29, is facing seven charges of robbery, seven counts of wearing a disguise, four counts of possession of a weapon, dangerous driving, assault with a weapon and criminal flight.

Ritson-Bennett was taken into custody and charged Sept. 4 after he was found hiding in the ducts at the Gold Bar plant.

Staff at a Sherwood Park fast food restaurant first called RCMP around 4 a.m. that morning to report an alleged assault in the bathroom between the suspect and his common-law spouse, whom he is prohibited from contacting.

Sherwood Park RCMP quickly arrived at the restaurant, but the man fled in a stolen Toyota.

Edmonton Police Service Air-1 tracked the suspect to an area near the North Saskatchewan river. He abandoned the vehicle in the river, and K-9 members tracked his scent into the Gold Bar plant.

A handful of overnight employees were safe under guard by police until the man was found hiding in a duct nine hours after the manhunt began.

ANDREA ROSS/METRO



A slew of changes to schedules caused by construction, new LRTs and other developments has encouraged ETS to call for additional transport options. Lines 8, 9, 15 and 130 have been impacted worst of all. KEVIN TUONG/METRO

Transit adds buses to alleviate delays

TRAFFIC

City monitors routes to see where service falling behind



Braeden Jones
Metro | Edmonton

Edmonton Transit is adding eight buses to its circulation to help alleviate interruptions and delays caused by a new LRT line, back to school traffic, downtown construction and substantial road closures.

Bill Sabey, director of service development for ETS, said the first few weeks of September always create challenges for transit, as traffic increases to universities and schools. But, he added, there are additional challenges this year.

"There is the opening of the Metro Line with trains going through there, that affected a number of bus routes," Sabey said, adding "unprecedented" downtown construction led to significant route changes as well, in June.

Sabey said buses are not immune to construction or LRT related traffic snarls, but ETS is already doing "a number of things to address the delays," which have affected routes 8, 9, 15 and 130 worst of all.

Transit staff are posted along those routes this week to monitor buses and see where they are falling behind schedule.

Sabey said he'll use that data to put spare buses into effective service next week.

"If a bus is delayed (by traffic) we can't do anything about it, but people downstream — if we put in extra buses — won't be waiting as long," he said.

DATA MINING

Currently, 21 buses have the Smart Bus technology, which makes real-time data available to transit controllers.

The city is also adding Smart Bus hardware to buses on problem routes.

"For routes 8 and 9 we are getting it implemented as smart later in October ... hopefully that will help us address delay issues on those routes," Sabey said.

NDP

Partisan job ads rile MLA



Ryan Tumilty
Metro | Edmonton

Partisan job ads that triggered a review of the NDP's hiring practices have not been pulled down, despite the government's assurances otherwise, according to one Conservative MLA.

Progressive Conservative MLA Richard Starke said a report released by the legislature's clerk Tuesday is correct to note ads for jobs in the NDP government's constituency offices had partisan language.

But, he said, the problematic ads haven't been taken down.

Legislature Clerk W.J. David McNeil conducted a review of the government's hiring after Starke complained about the advertisements.

For example, the advertisements indicated constituency assistants would work with caucus staff and resumés were to be sent to Brian Stokes, who was then a member of the premier's transition team.

McNeil's report notes the job ads did cross partisan lines. But, he also notes that when the problem was brought to the NDP's attention, new advertising was drafted and cleared by the legislative assembly office.

Metro scanned several MLA Facebook pages and found the advertisements with the problematic language was still up in some cases and found no cases where new non-partisan advertisements were posted.

> **"Several of these ads are still up on the sites even today."**
> Richard Starke

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Harper riding high on surplus

ELECTION 2015

But campaign stumbles over another Tory behaving badly



Stephen Harper speaks to supporters during a campaign stop in North Vancouver, Tuesday. THE CANADIAN PRESS

Stephen Harper was hanging 10 on the crest of a surprise budget surplus Tuesday, showing off his fiscal bona fides as the federal election campaign prepared to convene in Calgary to debate the state of the Canadian economy.

But it wasn't all smooth surfing for the Conservatives: yet another would-be Tory MP took a tumble over inappropriate comments on social media.

Newfoundland and Labrador candidate Blair Dale was dropped over Facebook comments that were "incompatible with our party," said a spokesman.

Dale is the sixth Conservative to be shown the door since the campaign began Aug. 2.

Harper had a little spring in his step in Vancouver as he boasted about Finance Department numbers that show a $1.9-billion surplus in 2014-15 where once there was a predicted $2-billion shortfall.

Back on one of his favourite talking points, the prime minister mocked the fiscal-management chops of both Rachel Notley, Alberta's new NDP premier, and Liberal Leader Justin Trudeau.

Trudeau has criticized the surplus as the product of failing to spend adequately on vulnerable Canadians — an accusation the Conservatives deny.

The surplus was achieved in part by departments underspending their budgets by $8.7 billion — a tactic known as lapsed funding and one deplored by critics as spending cuts by stealth. The Conservatives had budgeted for $7.2 billion in lapsed funding but wound up with $1.5 billion more than anticipated.

Trudeau was in a contested southwestern Ontario riding Tuesday to promise $750 million for skilled-trades funding.

"You've seen your personal debt rising as your job prospects sink. You want to seek out better opportunities but you can't access the training you need," Trudeau told supporters and apprentices at a local plumber and pipefitter's union.

"Stephen Harper doesn't know what that's like. When he was first elected, Windows 95 was still two years away … (and) the cutting-edge way to apply for a job was to send in your resumé by fax."

THE CANADIAN PRESS

WHERE THE LEADERS ARE WEDNESDAY



- **Stephen Harper** has no public events.
- **Justin Trudeau's** itinerary was unavailable.
- **Tom Mulcair** has no public events.
- **Elizabeth May** will be in Guelph, Ont.

ELECTION 2015

May a-twitter over exclusion

Elizabeth May is not letting the lack of an invitation keep her out of Thursday's election debate on the economy.

The Green party leader plans to muscle her way into the conversation — at least online — with the help of Twitter.

The party is teaming up with the social-media company to swiftly film and tweet May's video responses to statements by the three invited leaders.

The Globe and Mail newspaper has asked Conservative Leader Stephen Harper, NDP Leader Tom Mulcair and Liberal Leader Justin Trudeau to discuss economic issues Thursday evening at Calgary's Stampede Park.

> **You don't need to wait to be invited to something anymore.**
> Steve Ladurantaye

May and her team will be hunkered down in a Victoria church with Twitter's Steve Ladurantaye, creating a steady stream of video remarks, retorts and reality checks.

The exclusion led Twitter's Ladurantaye — a former Globe and Mail reporter, as it happens — to suggest a parallel digital debate, an approach he took in Britain last March with the Scottish National Party.

"You don't need to wait to be invited to something anymore. If you want to be part of it, you can be part of it," Ladurantaye said.

THE CANADIAN PRESS



Hungary declares state of emergency

EUROPEAN CRISIS

Migrants detained as border with Serbia sealed

Declaring a state of emergency, Hungary sealed off its southern border with Serbia on Tuesday and detained those trying to enter illegally, aiming to shut down the flow of migrants pouring in. Chaos ensued at the border, as hundreds of migrants piled up in a no man's land, and Serbian officials reacted with outrage.

Stuck for an unknown amount of time on a strip of road between the two countries' checkpoints, those fleeing violence in their homelands pitched tents and settled in. But frustrations were on the rise. As a police helicopter hovered above, migrants chanted "Open the border!" and shouted insults at Hungarian riot police. Some refused food and water in protest.

With a razor-wire fence completed along the Serbian border, Foreign Minister Peter Szijjarto said Hungary now also plans to extend the fence for "a reasonable distance" along its border with Romania. Both Serbian and Romanian governments decried Hungary's moves.

"Raising a fence between two EU member states who are strategic partners is not a fair gesture from a political point of view, according to the European spirit," Romania's Foreign Ministry said.

Serbia's foreign minister declared it was "unacceptable" that migrants were being sent back from Hungary while more and more were arriving from Macedonia and Greece.

"(Serbia) wants to be part of the solution, not collateral damage. There will have to be talks in the coming days with Brussels and other countries," Ivica Dacic said in Prague.

The turmoil at the Hungarian-Serbian border came a day after the 28-nation bloc failed to come up with a united immigration policy at a contentious meeting in Brussels. The ministers did agree to share responsibility for 40,000 people seeking refuge in overwhelmed Italy and Greece and spoke hopefully of reaching an eventual deal — next month or by the end of the year — on which EU nations would take 120,000 more refugees, including some from Hungary.

German Chancellor Angela Merkel and Austria called Tuesday for a special European Union summit next week to discuss the continent's immigration crisis.

Hungary, however, was not pinning its hopes on any action soon from Brussels or its neighbours. Tuesday's state of emergency in two southern regions gave authorities greater powers to deal with the crisis, allowing them to shut down roads and speed up asylum court cases.

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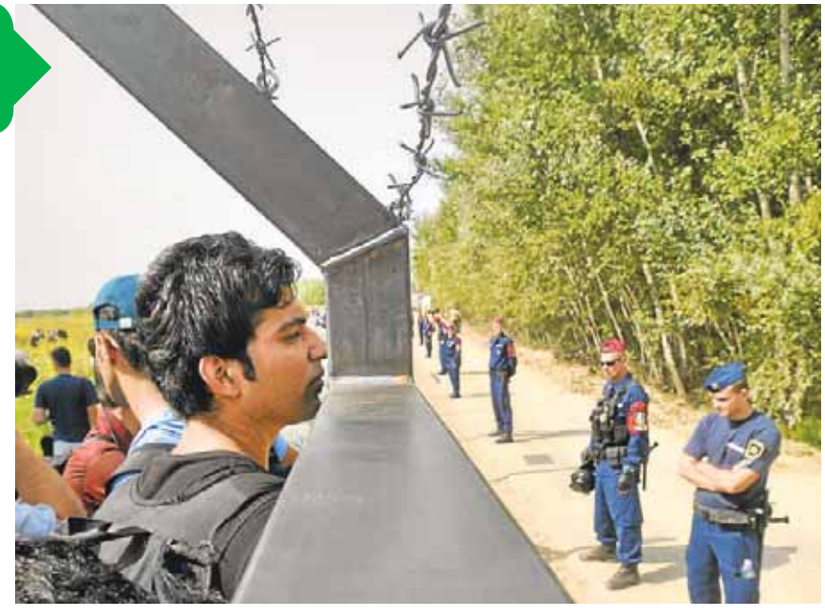
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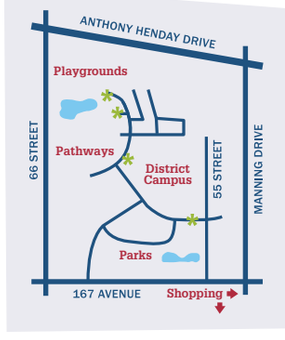


People look through a border fence between Serbia and Hungary, Tuesday. Serbian and Romanian governments have decried Hungary's actions. ZOLTAN MATHE/MTI/THE ASSOCIATED PRESS

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Members of the Mojave County search and rescue team use dogs to search for bodies after a flash flood on Tuesday.
SCOTT G WINTERTON/THE DESERET NEWS VIA THE ASSOCIATED PRESS

At least 12 dead after flash flood

UTAH-ARIZONA

Community was home base for sect leader

A wall of water swept away two vehicles carrying women and children in a Utah-Arizona border town — killing at least 12 people, with one still missing as of Tuesday evening — in a community where polygamous sect leader Warren Jeffs was based, authorities said.

Three people survived as the flash flooding washed the vehicles several hundred yards downstream, Hildale assistant fire Chief Kevin Barlow said.

"Witnesses say they were backing out of it, trying to get away from it, and it still swept them in," he said.

Barlow said the rescue effort was ongoing through the night but scaled back because of treacherous conditions in the sister towns of Hildale, Utah, and Colorado City, Ariz.

The floods came after heavy rains fell in the canyons just north of the towns.

He said the water was well above normal flood stage. "This was several feet deep, at least, and even more treacherous in the narrow channels."

Members of the sect, whose members believe polygamy brings exaltation in heaven, are believed to be discouraged from watching TV, using the Internet or having much contact with the outside world.

THE ASSOCIATED PRESS

MARYLAND

Mother indicted in child's swing death

The facts are hard to fathom: a mother alone with her three-year-old son in a playground in La Plata, Md., for two days straight, pushing him in a swing until he died of dehydration and low body temperature, pushing him even after he died until finally sheriff's deputies came to investigate.

To Vontasha Simms, whose daughter Romechia Simms is now charged with manslaughter, the facts are a clear indication that Romechia was suffering from mental illness so severe that a criminal prosecution is misplaced.

Vontasha Simms said she was "flabbergasted" by prosecutors' announcement Monday that they were charging her 24-year-old daughter with child abuse, manslaughter and child neglect.

"No one in their right mind is going to sit out there for two days in the elements," she said, noting her daughter had no food or water in those two days.

The case had been under investigation since Ji'Aire Donnell Lee was found dead May 22.

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AMVIC Alberta Motor Vehicle Industry Council

HOUSING

Home sales edge up slightly

The boom in Canada's housing market continued in August with sales of existing homes edging up 0.3 per cent month over month and holding at levels not far off the five-year high reached in May, according to the Canadian Real Estate Association.

In its latest survey released Tuesday, CREA says sales of existing homes were little changed from July in all local markets, with an even split between those posting increases and those showing declines.

> **Listings are either in short supply or heading in that direction.**
> Gregory Klump

On a full-year basis, actual sales were up four per cent compared with August 2014 and were 6.6 per cent above the 10-year average for the month.

Prices continued to rise in Ontario and B.C. "where listings are either in short supply or heading in that direction," said CREA chief economist Gregory Klump, who noted that the month also provided "early evidence that modest price growth is re-emerging in some markets in Quebec and New Brunswick."

Klump added that enduring low interest rates continued to boost home sales and were "likely to keep doing so for some time."

THE CANADIAN PRESS

SPACE

Amazon founder unveils rocket plan

Amazon founder Jeff Bezos is shipping his space business to Florida.

At a news conference Tuesday, Bezos announced that his Blue Origin space company will build rockets and launch them into orbit from Cape Canaveral Air Force Base.

He plans to send up science payloads and people — including space tourists and even himself. Bezos says he wants to ride one of his own spacecraft into orbit one day.

He expects the first rocket launch from Florida by the end of the decade.

Blue Origin is already testing its suborbital rockets from a remote part of Texas.

The first test flight was in April.

The private company will be taking over a Florida launch complex that was last used in 2005.

Blue Origin is based in Kent, Wash.

THE ASSOCIATED PRESS

IN BRIEF

Hewlett-Packard's spinoff to cut up to 30,000 jobs

Hewlett-Packard says its upcoming spinoff of its technology divisions focused on software, consulting and data analysis will eliminate up to 30,000 jobs. The cuts announced Tuesday will be within the newly formed Hewlett Packard Enterprise, which is splitting from the personal computer and printing operation. HP has been jettisoning tens of thousands of employees during the past few years to help boost declining profits as a technological shift from personal computers to smartphones and mobile devices reduced demand for many of its products.

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Lisa Harper is CEO of the American women's wear chain, which opened its first location outside the United States in Ontario earlier this month. COURTESY TORRID/THE CANADIAN PRESS

Torrid tapping plus-size gap

CLOTHING

U.S. retailer eyeing Alberta and B.C. after Toronto foray

While some shoppers may struggle to locate garments in a specific style or colour, Ashlie Callender faces an even greater obstacle: finding clothes that will fit her curvy frame.

"Regular stores, they go up to extra large sometimes, and that's really like a (size) 10 maybe. So if it's a stretchy material, I can get away with it," said the 24-year-old college student.

Callender joined dozens of shoppers who jammed Torrid's new location in Toronto Eaton Centre for the grand opening of its first store outside of the U.S.

Three more Torrid stores are set to open in the Toronto area this fall, joining homegrown plus-size retailers Addition Elle and Penningtons, both under the banner of Montreal-based Reitmans Canada Ltd.

The plus-size brand is already familiar to Canadians, who account for more than half of Torrid's international business online, said CEO Lisa Harper.

The retailer has more than 280 stores across the U.S. and ships to more than 150 countries. Torrid is a full-service apparel and accessories shop offering separates, denim, handbags and footwear.

Harper said the company expects to open about 10 stores in Canada in 2016, and has been eyeing British Columbia, Calgary and Edmonton as potential expansion sites.

> **You do have to pay a premium for clothes that are plus-sized.**
> Sandy Silva

Torrid is seeking to help fill a sizable void in Canadian retail for full-figured consumers.

A 2013 report from the NPD Group found that plus sizes represent 32 per cent of the "special size" clothing category, which also includes tall, petite and junior. Two-thirds of plus-size women reported shopping for larger clothes was more stressful than shopping for traditional sizes, with limited merchandise cited among the main causes.

"Coming from the wholesale side of the fashion business, you do have to pay a premium for clothes that are either plus-sized or petite," said Sandy Silva, director of fashion and beauty at the NPD Group.

Most national retailers which offer extended sizing have a "fairly basic assortment," she noted. "They don't really have the wealth or array of fun, fashionable, sexy styles that plus-size women want as well as a regular-size woman."

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metro VIEWS

Bloody bad news: In warmer weather, Arctic mosquitoes are emerging earlier, growing faster & surviving longer. A predicted 2C mercury rise may boost their numbers by 53%.

metro's election explainer

Who's the new man steering the Tory ship?

Strategist, political consultant, campaign adviser... whatever you call it, the Conservative party has a new one: Lynton Crosby. He's a household name in political households. But what will he bring? And why did the party hire him so late in the game?

The wizard from Australia

In his home country, Crosby led the centre-right Liberal Party to victory in 1998 and 2001. His messaging targeted voters wary about the number of asylum seekers arriving on the country's shores. He's known as a master of "dog-whistle" politics: Using code words to win support from people with disreputable, but commonplace, views, such as anti-immigration sentiments tinged with racism. Later Crosby added wins for Conservative U.K. Prime Minister David Cameron and London, U.K. Mayor Boris Johnson to his CV.



The work ahead

Paid consultants are a relative rarity in Canadian politics, says University of Waterloo political science professor Anna Esselment. Party insiders tend to fill that role, she says, but outside expertise might be called if a campaign seems to be flagging. "I expect (Crosby) is giving a high-level assessment regarding Conservative messages, their target audiences, and how to effectively change the channel to matters that the Conservatives want to talk about," Esselment says.

Fresh blood

Why find a new captain when a campaign's already out to sea? Conservative sources told The Canadian Press that some in the party were frustrated with its slapdash response to the Syrian refugee crisis. Esselment gave three possible reasons for the hire: It could be a warning to opposition that Tories are about to get aggressive, a move to gain credibility from a "legend," or a response to internal strife. (Some former top brass, such as Nigel Wright, have been tarnished by the trial of Senator Mike Duffy).

Turning the tide

Whether changing course mid-campaign will work remains to be seen, Esselment says. "The type of messages Harper delivers, and the negative advertising ... over the next couple of weeks will likely tell us whether Crosby's hand is helping to steer the ship."

The election explainer is dedicated to keeping urban Canadians informed ahead of the Oct. 19 vote. Look for it in this space throughout the campaign. Let us know what needs explaining: readers@metronews.ca

URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

I'm in Toronto for the film festival. I'm hoping to meet some celebrities. Any advice for striking up a conversation?

Dear Ellen,

I'm from Calgary but I'm in Toronto for the Toronto International Film Festival, and I'm hoping to meet some celebrities while I'm here. Do you have any advice about how to meet celebrities, and how to politely strike up a conversation if I do meet a celebrity?

JJ

I well understand the urge to meet celebrities — I used to have it myself. Fifteen years ago, I would have sold my soul for just one hour of being stuck in an elevator with Owen Wilson, figuring that was all I'd need to start up a polite, witty, enchanting conversation that would soon make him realize I was the perfect woman for him — a *real* woman, wholesome and nice, and Canadian, but also creative and interesting, and a refreshing change from the boring, glamorous Hollywood starlets he was probably tired of meeting.

I also had platonic crushes on directors like David O. Russell and Jane Campion, and writers like Dave Eggers or Colm Toibin, where the fantasy was less about romance and more about how we'd mind-meld over scripts and collaborative projects that would lead to international prizes for all of us in between amazing, legendary parties.

But eventually my celebrity obsession was cured, thanks to intensive rehab that took a decade and consisted of interviewing celebrities of all ages and persuasions for various newspapers and magazines. Even though I met some truly nice (Stephen Colbert) and exquisitely polite (Conan O'Brien) celebs along the way, I *don't* want to meet any more: It's too disappointing. They never measure up to the brilliant characters one falls in love with onscreen. Nobody could. Those characters are a construct — of both their skillful making, and of one's own cockeyed projections.

In fact, I now go out of my way to avoid meeting even the celebrities I love, like Rachel McAdams and Mark Ruffalo.



In my fantasies, adorable Rach and I are best friends, while sexy, rumpled, intelligent, kind, manly Mark is my next husband. But in real life, recently, both of them were shooting a scene for the movie Spotlight in my building. And when the location manager invited me to meet them, I declined and stayed away until they cleared out. Partly because I didn't want to be disappointed by their all-too-real selves; partly because I knew the last thing they would want to do during a long day was make polite chitchat with a stranger harbouring delusional thoughts about them.

All of which leads me to say: Go for it if you must. Haunt the red carpets and clubs and restaurants, watch Twitter for celebrity sightings, and feel free to approach any star you can get close to.

Yes, it's a bit forward to foist yourself on someone without being introduced. But remember that part of every celebrity's job at TIFF is to deal with you, the public. And I have no doubt that you, JJ, as a faithful reader of this column, will be polite and respectful in all your encounters.

If and when you meet a star, you may or may not be disappointed. Who knows — you may get stuck in an elevator with him/her/them and end up getting married ... or whatever. In which case, please write back and let us know!

Need advice? Email Ellen
scene@metronews.ca

metroview

Millennials aren't turned off by politics. It's the voting system.



Dan Darrah
For Metro

Youth aren't politically apathetic, says a new study, they're just not voting. For many young Canadian activists, this finding is a breath of fresh air.

A Samara Research report, released last week, looked at 18 political activities other than voting — e.g., volunteering for candidates or causes, giving political speeches, protesting, and discussing politics on social media — and found that Canadians younger than 30 participate in them at higher rates than those older than 30.

This isn't the usual narrative surrounding millennials. It's a welcome acknowledgement of the work of student groups and other youth movements.

Using the voting rate as a measure of youth engagement is like using season-ticket sales as a measure of interest in the NFL. There's a lot more to take into account.

Even among millennials who do vote, voting is often seen as one part of the overall activism package. Our votes serve to elect the government that will most optimally act as an avenue through which we can create change.

Still, the fact remains that we aren't voting as much as other age groups. One reason I've come up with is that we've simply lost faith in our first-past-the-post electoral system.

Let's imagine a prospective voter — call him Ben — who works at Whole Foods and cares deeply about the environment. Ben wants to vote for the Green party because he wants the Green candidate in his urban riding to be elected. But, because he's informed and engaged, he knows the Green candidate won't be elected. And the alternative — to vote "strategically" against his worst-case scenario — isn't likely to get him excited.

We might say to Ben what many say to millennials who have no reason to believe that their preferred candidates will be elected: "That's life, kid." But I'd argue we'd be better served by looking closely at how voting works.

Fair Vote, an organization advocating electoral reform, recorded that of the more than 14 million votes cast in the 2011 election, seven million served to elect no one (like Ben's hypothetical vote for the Greens). That means about 50 per cent of Canadian voters elected 100 per cent of the MPs.

In contrast, Fair Vote found that in New Zealand, which uses a proportional-representation system, 97 per cent of voters elected MPs.

In this context, Samara's research speaks for itself: It's not politics that turns us off — it's our winner-take-all electoral process. And saying youth are apathetic tiptoes around the fact that systemic change is needed. We don't need to be the scapegoats for institutional issues older generations have ignored. We need proof that our votes will be meaningfully represented. When that happens, the youth vote will be a lethal electoral force.

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by Jason Logan





CALLING AL

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Crisis Shelter support

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Violence prevention program GirlSpace

Have Questions?

Contact Alexandra Silence 780.970.6506 | a.silence@ywcaedm.org

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FINNING CAT

YWCA EDMONTON

Who is YWCA Edmonton?

YWCA Edmonton has been serving the Edmonton area for more than 107 years. We are an organization that advances the wellness and growth of women, girls, and families. We provide education and services to thousands each year. Our services include counselling, leadership and outdoor education programs, and support services for people with disabilities.

For more info visit ywcaofedmonton.org

metro LIFE
Your essential daily news



"Margaret Atwood poured a bottle of beer over Al Purdy's head the very first time they met because he called her an academic. I mean, never a truer word was said. And then he went out and peed on her car tire."
– Brian D. Johnson, journalist and filmmaker, Al Purdy Was Here

More than just bagels



Montreal's abundance of dining options makes trying them all on a short trip a daunting task. Here are a few one-stop spots where you can taste an array of culinary delights KATE HOBSON/FOR METRO

ALL PHOTOS: KATE HOBSON

First Fridays Food Truck Event 1





Every first Friday, May through October, up to 48 food trucks assemble at Olympic Park. Many of the trucks are offshoots of prominent restaurants, serving up specialties catered for takeout.

Stop at Lucky's Truck for La fameuse duck confit poutine, drenched in a rich confit sauce of red wine and foie gras; Grumman '78 for their banh-mi taco, barbecue pork topped with daikon carrot salad and a slightly sweet sauce.

Finish your day at Crémy Pâtisserie with a lemon honey crueller — the tartness of the lemon balances the sweet sugary glaze of this doughnut. **(4545 Avenue Pierre-de Coubertin)**

Mile End Food Tour 2



Local Montreal Tours offers a tasting trek around Mile End, a neighbourhood known for its culinary diversity. The tour starts at La Panthère Verte for a falafel filled with lightly pickled vegetables, sprouts, spices and tahini sauce in a house-made pita. At Chocolats Geneviève Grandbois, all of the goodies are handmade with a serious commitment to the quality of the ingredients. The caramel chocolate is flavoured with a little vanilla and a sprinkle of fleur de sel.The taste adventure includes bagels, fine tomato sauce, cured meats and artisanal ice cream. The Mile High tour is a truly unique food adventure packed with lots of history and background information on each establishment.

Atwater Market 3



No trip to Montreal would be complete without exploring one of the city's farmers' markets. Open since 1933, Atwater Market in the Little Burgundy area is one of the oldest. Open year round, Atwater is home to a variety of vendors offering fresh local produce, meat, cheese, baked goods and specialty products. Grab a selection of cheeses from Fromagerie Atwater, stop by Terrines & Pâtés for some game terrine like caribou blueberry or guinea fowl hazelnut. Pick up some fresh bread and preserves and you'll be all set to enjoy a picnic along the nearby Lachine Canal. **(138 Avenue Atwater)**





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TRAVEL

Follow these tips for the tastiest trip

Theresa Albert
For Metro Canada



Theresa's raspberry bombe birthday cake from L'Atelier Etoile de Joel Robuchon.
THERESA ALBERT/METRO

I spent my birthday in Paris!

For 15 years I have been promising my daughter I would take her to Paris. I spent the last five years saving for it, and three years planning. The city hasn't changed much since my first visit as a teen except that maybe there is more English spoken in the streets — and I have learned more about food.

In particular, I now know where and how to eat. Here are a few tips:

Take a bicycle tour from Bike About Tours (bikeabouttours.com) at the start of your trip. They will take you off the beaten path and at the end of the tour they will email you a list created by the guides (who all live in Paris) of favourite places to eat and drink. Unfortunately they make us swear to not share this list, so you'll have to go yourself to find the best places.

Try to avoid bistros that are on the corner or that say they serve "tout à l'heure" These tend to cater to tourists. The locals still eat between noon and 2 p.m. and 7 and 10 p.m.

Upon arrival order "une carafe d'eau pour la table." Not only will it save you up to 10 bucks for bottled water, it will signal to the server you are not a total touriste.

When you get your bread, it is to be eaten with your hands and placed on the tablecloth. Typically, there is no butter served but they will bring some if you ask.

If you are looking for the prix fixe Michelin star experience without the crazy expense, consider going for lunch. The menu is often similar but the price is half that of dinner. My actual birthday lunch was at l'Atelier Etoile de Joel Robuchon on Champs Élysées.

For 44 euros, I enjoyed four courses — a soup with a smoky clear broth consommé with oyster mushrooms and a plump shrimp and a small quenelle of caviar floating.

And for the main course, sweetbreads in a demi-glace, Chanterelle mushrooms and a side of mashed potatoes. I had cheese for dessert, but then was surprised by a raspberry bombe.

TREND

Grandma's cooking now for hire in Paris



Parisians can now have a grandma or grandpa come to their home to cook them comfort food from their youth. YOUTUBE/AFP

Parisians homesick for their grandmother's inimitable ratatouille and Sunday roast chicken can now rent out a substitute stand-in through a recently launched personal chef service that will send a 'mamie' to their kitchen to whip up an old-fashioned home-cooked meal.

After moving to Paris from the south of France, founder Alizé Delbes says she found herself homesick for her grandmother's cooking.

And despite its reputation as the gastronomic capital of the world, Delbes said she was unable to find a restaurant that could evoke the memories and nostalgia of her mamie's veal blanquette and chocolate mousse. That led to Lou Papé, a site created to bring authentic, French dishes into the homes of local Parisians in search of comfort foods from their childhood.

The concept is simple: The host can choose from a selection of chefs and their proposed menu. After sorting out the details — date of dinner party, venue and number of guests — the chef will prep, cook and serve the meal in the host's home.

Cleanup is also included.

If language isn't a big issue, Paris-bound travellers in search of a truly authentic French meal may want to consider booking a 'Beatrice' or 'Jean-Jacques' if staying in a short-term vacation rental with a kitchen. AFP

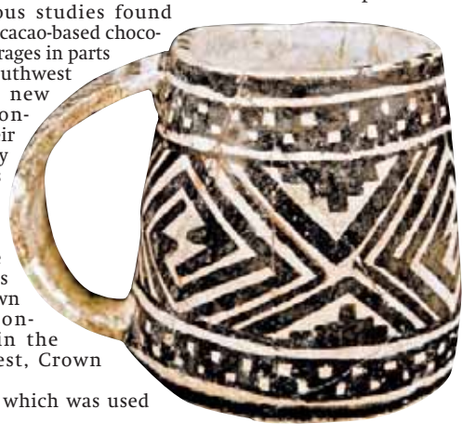
RESEARCH

Ancient Americans used long trade route to get caffeine fix

More than 1,000 years before Starbucks, caffeine was an international market mover, with ancient civilizations trading holly and cacao-based chocolate beverages between what is now modern-day Mexico, the Southwest U.S., and the South, according to a new study.

Led by University of New Mexico anthropology professor Patricia Crown, the study says the trade lasted for around 700 years, likely driven by a pre-Hispanic caffeine addiction.

Previous studies found traces of cacao-based chocolate beverages in parts of the Southwest but this new study confirms their popularity and adds the holly drink that before the study was not known to be consumed in the Southwest, Crown said.



Holly, which was used to make a caffeinated tea, was grown in what is now the South.

Researchers found caffeine on shards from jars, bowls, and pitchers located at archaeological sites throughout present-day New Mexico, Arizona and Colorado, where neither holly nor cacao grows.

"The fact we have found traces of caffeine that are 1,000 years old is exciting," Crown said.

Crown said the caffeine likely was used in rituals and political events. Scientists believe the drinks were largely consumed by the elite or a noble class because the plant for the drinks had to go through an intricate trade route.

"For people who had a diet consisting of corn, bean and squash, the drinks provided a kick," Crown said.

Dave DeWitt, author of The Food Lover's Handbook to the Southwest, said he was surprised to learn the study found holly was so popular in the Southwest. He believes it may have been consumed for the caffeine.

The chocolate, however, was likely popular for other reasons.

"I don't think it had to do with the caffeine since cacao has so very little of it," DeWitt said.

"It had to do with the rituals that go back to the Aztecs and the Maya," he said.

It's unclear if people in the Southwest travelled down to Mexico or if the plants were obtained through village-to-village trade routes.

The study is published in the Proceedings of the National Academy of Sciences. THE ASSOCIATED PRESS





DRINKS

The controversial case of Campari

Peter Rockwell
For Metro Canada



Some liqueurs can be as polarizing as an Instagram post by Kim Kardashian.

Weird and wonderful flavour profiles are par for the course in the liqueur world, with many evolving from centuries-old recipes based on fruits, botanicals and exotic seasonings.

Italy's Campari ($23.99-$27.98) is a perfect example of a beverage that really needs more than one sip before you make up your mind if you like it or not.



Falling into the "bitters" family, Campari was invented in Milan back in 1860 from a secret blend of 60 herbs, spices and neutral spirit.

While its dark red colour looks tasty enough, Campari is a bitter punch to the palate if taken without mix, which is why it's an integral part of classic cocktails like the Negroni and Americano.

I enjoy it most with a simple splash of soda water which tempers the bitterness and, creates an appetite-enhancing mixer that's my go-to pre-dinner drink whether I'm eating Italian or not.

Prices reflect the range across the country. Some products may not be available in all provinces.

FOOD BRIEFS

Organic week celebrated Sept. 19 to 27

National Organic Week is a chance for Canadians to learn more about how organic agriculture affects the environment. The event, billed as the largest celebration of organic food, farming and products across the country. See Organicweek.ca for more. THE CANADIAN PRESS

Modern indulgences

ANNA JONES

'New Nigella' releases new cookbook

She's worked for Jamie Oliver, been compared to Yotam Ottolenghi and been dubbed "the new Nigella" by the Sunday Times. Anna Jones is quickly becoming the modern vegetarian's go-to cookbook author.

Now she has released A Modern Way to Cook: Over 150 Quick, Smart and Flavour-Packed Recipes For Every Day.

"The more I cook simply — easy pastas, quick hearty salads and all-in-one gratins — the more I realize that food doesn't need to be posh, complicated or made from far-flung ingredients to do us good," she says.

Here's one of 150 recipes in this vegetable-focused book.



You can cheat and use soft tofu and the Chocolate + Earl Grey Pots will still be great. HANDOUT

Chocolate + Earl Grey Pots
(Makes 4 to 6)

- 100 mL boiling water
- 1 Earl Grey tea bag
- 300-g (10-oz) package silken tofu, drained
- 1 tsp pure vanilla extract
- 100 g dark chocolate, chopped + more for grating
- 5 Tbsp pure maple syrup
- Maldon or other flaky sea salt

In small measuring cup, pour boiling water over tea bag. Let steep as long as you can, at least 10 minutes, before discarding tea bag.

Wrap tofu in clean tea towel. Wring out as much moisture as you can. Place in food processor. Add steeped tea and vanilla. Process on high until smooth.

In medium stainless steel bowl set over pot with several inches gentling simmering water, combine 3.5 oz (100 g) chopped chocolate and maple syrup. Whisk until melted and smooth. Add to tofu mixture. Process on high until smooth.

Spoon pudding mixture into 4 to 6 small ramekins, pots, mugs or bowls. Refrigerate at least 1 hour to firm up a little.

To serve, garnish with coarsely grated chocolate (grated using cheese slicer, vegetable peeler or other grater) and flaky salt. TORSTAR NEWS SERVICE

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"It's like world war three, right?"

Shia Laboeuf



ALL PHOTOS: THE CANADIAN PRESS/GETTY IMAGES

TIFF

Actor has thoughts about world, his co-stars

Actor Shia LaBeouf expressed a bleak outlook on the future at the Toronto International Film Festival.

At a press conference for the post-apocalyptic war thriller Man Down, LaBeouf was asked by a reporter for his thoughts on the future of our world.

"We're in a tough spot. The world is in a tough spot," he replied. "It's like world war three, right?

"You're in the middle of something really wild going on right now — more so than ever, in my life, I think."

The question was also posed to co-star Kate Mara, who simply replied: "I hope that the future of our world is not as pictured in this picture.

"Man, I don't know, I'm just an actor."

Man Down stars LaBeouf as a former marine named Gabriel who's dogged by memories of the battlefield as he searches for the whereabouts of his son.

Jai Courtney plays his best friend and fellow soldier alongside Mara as his wife and Gary Oldman as a military psychiatrist.

LaBeouf said, as an actor, Oldman "is very intimidating," and such a dynamic worked during their scenes together.

But off camera they bonded.

"He's like this father figure for me. It's more than just an actor. He's a really tender, sweet man — and that's not to naysay the hard Gary because there's a hard Gary, too," said the former Transformers star.

"But he's not hard with me. He's really sweet with me and always has been. So I look up to him, but he's not shy about throwing love around, you know. He's in my corner. It feels like that. It's not just some actor-actor relationship thing."

Dito Montiel directed the screenplay by Adam G. Simon, who said he was living on the streets when he first started writing the story.

"In fact, there's a letter that Gabriel writes to his son Jonathan in the film, was a letter that I wrote to my son in a parking garage where I slept, where I stayed the night.

"So I wrote that and a few other scripts and was just trying to hustle for about six to eight months."

THE CANADIAN PRESS

RUMOURS

Olsen denies dating Hiddleston



Ned Ehrbar
Metro | Toronto



All right, everybody, move along. Nothing to see here with this whole Elizabeth Olsen dating Tom Hiddleston thing.

They've been weathering speculation about just how close they are all summer, and the film in which they play husband and wife — I Saw the Light — just debuted at the Toronto International Film Festival, so they've been posing for a lot of photos.

But no less reliable a source than Olsen herself says that there is no hanky-panky going down.

"I mean, we definitely are friends and we've known each other for about four years. We happened to be at a restaurant at a wrong time having dinner. We all go out to dinner," she tells Refinery29.

"Well, apparently I'm dating Chris Evans and apparently I've dated Jeremy Renner ... I don't react to it."

And when asked very directly if she's dating Hiddleston?

"No," she offers flatly.

"I mean, people can think what they want to think." So that settles that, right?

That is, assuming we believe her.

DIGITAL

Kim wants to break the Internet

Look out, Internet, because there's a new celebrity website telling you how to live your best life on the scene.

"So proud to announce KimKardashianWest.com is now live! I've worked for over a year on creating so much original content for you guys!" Kim Kardashian West wrote in an Instagram post.

Upon arriving at the site, it's not immediately clear what the purpose of it is. One is immediately greeted by a smizing Kardashian in black and white, and a simple "K" logo. A menu offers options like Beauty, Style and Obsessed, because sure.

The app store's description of the Kim Kardashian West app provides a bit more clarity: "The Kim Kardashian West Official App gives Kim's audience unprecedented and exclusive personal access to her life. Through the app, Kim shares original and curated content, interactive experiences, live streaming, access to offline events, tutorials and much more."



At a special introductory subscription rate of $2.99 a month, West's website could be a bargain for fans — if it lives up to the promise of original content and "exclusive access to her life."

But then her whole career is exclusive access to her life, so who knows.

MATT LEE/ METRO

GOSSIP BRIEFS

Wedding favours do no favours



Jerry Casale of '80s nerd-pop super-group Devo, got married Friday — you know, 9/11 — which led to unfortunate reception concept choices.

Casale explains to Billboard that he and his now-wife, Krista Napp, chose the date for logistical reasons, but when a friend questioned the choice, he joked that he and Napp represent "the Twin Towers of love." Which he admits was a pretty bad joke. But the friend took the idea and ran with it, setting up a reception featuring a Twin Towers-shaped cake and box cutters as party favours.

"He thought it was some sort of transgressive sick humour, and the problem is, it's not funny," says Casale, who came back from his weekend honeymoon to discover someone had sold photos of the event to TMZ. Yikes. NED EHRBAR/METRO



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metro DRIVE

Your essential daily news

Navigation company TomTom announces 3D lane map for an entire country — Germany

Fiat's throwback is a thrill

ROAD TESTED



THE CHECKLIST | 2015 FIAT 500C ABARTH

THE BASICS

Type. Two-door, four-passenger subcompact convertible
Engine (hp/torque). 1.4-litre turbocharged four-cylinder (160/170 with manual; 160/183 with automatic)
Transmissions. 5-speed manual/6-speed automatic
Price. $29,495 (base); $33,550 (as-tested), plus destination

COOL FEATURES

- Alpine premium audio
- High-back sport seats with optional leather
- Aluminum pedals
- Flat-bottom steering wheel with perforated leather and contrasting stitching
- Rear parking assist
- Available side stripe and contrasting mirror caps
- Dual exhaust with chrome tips



JIL MCINTOSH/FOR METRO

POINTS

- The Abarth uses the same engine as the 500 Turbo, but is tuned for more power, along with its Abarth-specific suspension and brakes.
- Hitting the "Sport" button adjusts the automatic's shift points and adds rev-matching, and also changes the digital speedometer's number to italics.
- The sport exhaust adds a unique sound that's fabulous on acceleration, but it can drone at consistent speeds.
- Premium fuel gives better performance, but the engine will run on regular.

MARKET POSITION

While enthusiasts prefer stick shifts, most buyers choose automatics. By offering both, Fiat could potentially open up this relatively low-volume model to a larger audience, especially since overall performance doesn't suffer.

THE COMPETITION



Mini Cooper S
Base price: $25,490



Volkswagen Golf GTI
Base price: $27,995



Ford Fiesta ST
Base price: $24,949

REVIEW

500 Abarth offers 6-speed automatic for the first time

Jil McIntosh
For Metro Canada



Retro-styled cars are fun, and it's even better when they have the performance to match. That's the case when you opt for the Abarth version of Fiat's 500, especially when it's the 500C Cabrio that I tested, which gives you a sliding canvas roof for an almost-a-convertible experience.

While the Abarth previously only came with a five-speed manual transmission, the 2015 version is also available for the first time with a six-speed automatic. Die-hard stick-shift fans may resent its inclusion, but it's a really nice unit that doesn't take anything away from the car's fun factor. Power changes slightly depending on the transmission: you get a bit more horsepower with the manual unit, but more torque — the twisting force that gets you moving off the line — with the automatic. Hit the throttle, and the 500 Abarth is quick and peppy in its response.

> **Hit the throttle, and the 500 Abarth is quick and peppy in its response.**

The steering is sports-car heavy, but the car responds quickly and accurately. My car had optional gloss-white wheels with Pirelli P-Zero summer tires, and they stick like glue when cornering. Despite its diminutive size, the car feels firmly planted on the highway, although a tighter turning circle would make it a bit easier to manoeuvre in close quarters.

The retro styling continues inside with a metal-look painted dash and chrome accents. It's very roomy up front, but while there is a rear seat, there's almost no legroom back there, and it's best for small children or adults willing to fold themselves up for a short ride.

The sliding roof moves electrically to three positions, starting with a sunroof-sized opening and finally folded down at the very back. A portion of the steel roof remains in place, since the canvas is a panel that slides inside it, and the car feels tight and rigid, with no squeaks. It also didn't leak when I took it through a car wash.

The 500C Abarth is pricey for its size, but compared to the base Fiat, you're paying for a sportier suspension, bigger brakes, and sharp handling. It looks like it's fun, and it is.

AUTOPILOT

Staying in the loop — the loop: Dispatches from Frankfurt

Mike Goetz
For Metro Canada



Off-roading Bentley

Bentley just introduced its first SUV this week at the Frankfurt auto show, and not a moment too soon.

Like a lot of people, I have been lamenting for years on why someone didn't offer a vehicle costing more than $200,000 that could get up a dirt hill. Why did it always have to be so affordable to have a little bit of off-road fun?

The auto industry put a group of very privileged people in a very tough spot with their behaviour over the years. Think of how challenged were those buyers, trying to option their Range Rovers or Mercedes-Benz G Wagons into a price level more akin to their perceived net worth.

So thank you Bentley, for recognizing the injustice here, and coming to the rescue of this long-suffering group of buyers, by unveiling this ultra high-end sport utility, which for some reason you're calling Bentayga (rolls off the tongue, like bad caviar).

For those interested, some pertinent info … 600-hp, 12-cylinder engine. All-wheel drive. Very sumptuous five-seat cabin. Volkswagen owns Bentley; the Bentayga is built off of the group's MLV Evo platform currently utilized for Audi Q7 and Porsche Cayenne. Bentayga's main rival should be the forthcoming SUV from Rolls-Royce.

Loopy Jaguar

Jaguar also introduced its first SUV at Frankfurt, and did so in super dramatic fashion. British stunt driver Terry Grant drove a Jaguar F-Pace in a 19.08-metre loop, similar to a Hot Wheels loop, only much bigger. The stunt set a Guinness World Record for largest ever "loop the loop."

Jaguar F-Pace will be considerably more affordable than the Bentley Bentayga. No Canadian prices yet, but $43,385 US will be its base price south of the border. F-Pace is rendered from the same all-aluminum architecture as the new Jaguar XE midsize sedan, which should get here before the F-Pace.

Magic carpet Honda

Any auto show these days is sure to be filled with more self-driving technologies and Frankfurt will not be an exception, so you know Honda was saying something by creating the Project 2&4 concept and showing it off in Germany at this juncture in the automotive history timeline.

Project 2&4 is a weird and wonderful antidote to the self-driving movement.

It's actually half car/half motorcycle, designed to combine the most engaging driving elements of both forms. It has no "cabin" at all, just a driver's cockpit suspended over the road, to grab as much driving intensity as possible. The mid-ship mounted 215-hp V4 motorcycle engine assures a low, low centre of gravity and an outrageous power-to-weight ratio.

Project 2&4 is actually the winning entry of Honda's annual in-house Global Design Project contest, which is designed to inspire creativity, and get team members engaged and passionate about a single project, to further the concept of Team Honda. Well done, Team Honda.

5 MAJOR THEMES AT THE FRANKFURT AUTO SHOW

New small cars for the mass market from Opel and Renault and powerful, expensive SUVs from Jaguar and Bentley for the upper crust are among the top offerings on display this week at the Frankfurt International Motor Show. A rise in demand for cars in the U.S. and Europe is lifting automakers' spirits as they prepare to open the show to the general public on Saturday. The 66th edition runs through Sept. 27. THE ASSOCIATED PRESS



Apple's CarPlay. APPLE INC.

1 New technology

Carmakers are preparing to fend off tech companies like Google and Apple from dominating the market for services to Internet-connected cars. Those new businesses could include real-time navigation that automatically plots routes around slippery conditions, or it could be a parking place finder. The question is who will build the systems and reap the profits — and how? Analysts say carmakers may have to band together to come up with common platforms and shared systems. A sign of things to come could be the recent deal in which Daimler, Volkswagen's Audi and BMW teamed up to buy Nokia's HERE digital mapping service.



Traffic in Beijing. ISTOCK

2 China troubles

Falling demand for new cars in China is a concern for global automakers, but none more than the host Germans. Daimler AG's Mercedes-Benz, Volkswagen AG's Audi, and BMW AG have all fattened sales and profits there through exports and cars built with local partners in joint ventures. Executives have already warned of what they call a "normalization" of the China car market after years of very rapid growth.



The new Bentley Bentayga. Inset: The Jaguar F-Pace, which set a 360-degree loop record at the show.
JENS MEYER/THE ASSOCIATED PRESS; INSET: JAGUAR VIA THE ASSOCIATED PRESS

3 Riding high

Luxury SUVs are a thing this year. High-priced brands are looking to expand their model range and find ways to tap the lucrative end of the market. Bentley, the luxury brand owned by Volkswagen, has its Bentayga, which combines stylish touches such as the classic large Bentley front grille and a choice of 15 interior leather colours with off-road features such as a front skid plate and aluminum roof rails. The company is touting not just luxury but power and speed; the vehicle has 608 horsepower and a top speed of 301 km/h. Jaguar has the F-Pace, which uses chassis underpinnings from its sports cars that are aimed at providing sharper handling for the company's first entry into the SUV race.



GM's Opel Astra. OPEL/GM VIA THE ASSOCIATED PRESS

4 The rest of us

Mass-market carmakers face brutal competition in the market for more basic transportation. Renault is showing off the fourth generation of its Megane with a slightly wider stance and shorter overhangs to give it a sportier look, and offers a GT performance version immediately at sales launch. GM's redesigned Opel Astra should be sprightlier after losing up to 200 kilograms in weight compared to its predecessor. Its entertainment system supports both the Android Auto and Apple CarPlay standards, enabling drivers to use their smartphone messaging and navigation functions through the car's dashboard display.

5 The home team

The German carmakers will do a little chest-thumping at their home show with huge pavilions and thunderously loud audio-visual displays at Frankfurt's Messe exhibition centre. BMW is building a 400-metre test track inside its pavilion so its vehicles can whiz past showgoers. Audi is putting up a separate three-storey building with space for 33 vehicles and 200 kilometres of cables.



Daimler CEO Dieter Zetsche.
MICHAEL PROBST/THE ASSOCIATED PRESS



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PA596	2015 A3 Technik	5281KM	WHITE	$47,089	$43,888
PA599	2014 Q7 Technik	15000KM	SILVER	$62,588	$59,888
PA623	2014 Q5 HYBRID	5500 KM	SILVER	$55,588	$52,888
PA626	2015 Q3 Technik	1500 KM	GREY	$46,899	$43,888
PA633	2011 Q5 Premium	59000 KM	WHITE	$37,899	$33,888
PA657	2012 A4 Premium	76500KM	GREY	$31,899	$26,888
PA666	2015 S4 Technik	2650 KM	GREY	$62,599	$59,888
4315A	2012 Q5 Prem +	40400 KM	BLACK	$37,588	$33,888
PA675	2012 A4 Komfort	43900 KM	GREY	$31,888	$28,888
PA677	2015 S4 Technik	3450 KM	GREY	$62,588	$59,888
PA688	2015 S5 Technik	1700 KM	BLACK	$65,588	$62,888

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GT model shown

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for 84 months. On finance price from $20,573.

Includes GX equipment plus:

- 16" alloy wheels
- Rearview camera • HD radio
- And more!

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$152‡ at 0.99% APR with $0 DOWN

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Thrifty, with room to spare

Some shoppers want the most horsepower, the flashiest looks, or the most luxurious ride they can find for their used-car dollar. Others, like pet owners, outdoor sports enthusiasts, lawn and garden aficionados and the like, are often after a used car that gets them the most space for their money. If a big heap of space from a small heap of your cash is in order for your next used ride, be sure to check out our picks, below. **JUSTIN PRITCHARD** FOR METRO

Stand out from the pack

Model: Scion xB
Why: This one's big, affordable, and you won't see seven of them every time you go to Walmart. The spacious and flexible xB offers a full accessory range for customization, and is built by Toyota — adding appeal for reliability-minded shoppers.
The test drive: Be sure to check the xB's windshield thoroughly for signs of cracks or chips, and note that these may prevent the model in question from passing a used car safety inspection. Look for a "Check Engine" warning light, which may be present for a number of reasons. If you see the light, be sure to have a mechanic scan the computer system to see why. All models should be inspected for signs of coolant leaks by a Toyota mechanic, as these typically precede water pump failure.



Fuel efficiency for the win

Model: VW Jetta TDI Wagon
Why: Because it's got room to burn, gets fuel mileage that'll make you giggle, and offers an upscale driving experience. Newer used TDI-powered units are front-wheel drive and backed by nearly 240 lb.-ft of torque, which is heaps.
The test drive: Hesitation under acceleration or poor overall performance could be the result of a failed or failing engine control sensor, or a turbocharger that's on its way out. If you notice any of these symptoms, be sure to have them investigated. Ensure all motorized features work as expected — including all windows, the sunroof, power seats and power locks. A dealer should inspect the used Jetta TDI's fuel lines for possible signs of leaking, and complete a quick pre-purchase inspection for maximum peace of mind.

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Go retro with this wagon

Model: Chevrolet HHR
Why: You can find one of these for cheap, and almost unfair resale values on this Cobalt-based retro-wagon combine with solid reliability and a proven drivetrain to give shoppers a compelling combination of space, reliability and affordability.
The test drive: Ensure all recall work to address a power steering system defect has been carried out, asking your local GM dealer to look into it for you if you're unsure. Recall work is free, and designed to address a safety defect. Check the automatic gear shifter for proper operation, ensuring it slips smoothly between the gears with no hesitation or difficulty. A faulty shifter button, cable and/or brake interlock switch could be to blame if that's not the case. Clunking or popping noises, especially from the front end, could be evidence of a worn-out suspension part and require further inspection from a mechanic.





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007 RIDE WATCH THE ASTON MARTIN DB10 PERFORM

Aston Martin has released a video of the bespoke, one-off supercar created for the latest James Bond film being put through its paces by stunt driver Mark Higgins.

The latest Aston, the seventh car from the company to appear on screen alongside the world's most famous fictional British spy since the film series began, is the first James Bond Aston Martin that's truly bespoke — even before Q's upgrades.

Although 10 examples have been made to cope with the rigours of filming Spectre, the company, as yet, has no intention of selling any of them to the general public. All of which means the video is the closest any of us are going to get to knowing what it's like to drive it.

Spectre, the 24th official James Bond film, will hit cinemas in the U.K. on Oct. 26 and receive its global release in November.

Watch the video at youtu.be/oSJ8ryVlM8A.

AFP; PHOTO: ASTON MARTIN LAGONDA





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Bridal Fantasy: Fall's biggest wedding show

Takes place Sept. 20 at Edmonton Expo Centre



CONTRIBUTED

Before they walk down that aisle, future brides and grooms are going to want to peruse the multiple aisles of fall's biggest bridal show — Bridal Fantasy. With more than 100 vendors on site, along with thousands of dollars in prizes and gifts to be won, Edmonton's biggest bridal show can help turn your wedding fantasies into reality.

"It's truly an experience. It's a one-stop shop for your wedding needs," says Shannon Gamache, account sales executive and associate editor at The Bridal Fantasy Group.

Bridal Fantasy takes place on Sunday, Sept. 20 at the Edmonton Expo Centre. Doors open at 10 a.m. and tickets are $25. There are also two fashion shows during the day: One at 12 p.m. and the other at 2 p.m.

The show appeals to a variety of people — from those who don't know where to start, to do-it-yourselfers who have the big day already formed in their minds.

"A lot of people come in thinking that they are going to plan their own wedding and don't need help," she says. "But they come in and can get some great ideas for things they may not have thought about.

"We even get people who aren't engaged yet."

Gamache said it's smart to go in to this type of show with a plan. It's also important to have a budget in mind, but to make sure that it's realistic.

"I find it's good to go in with an open mind," she says. "We have over 100 vendors and there will be people who go to each and every one."

The show is attended by all sexes and orientations. And though men may be getting more involved in the wedding planning, Gamache said it's still very much the bride's day — and that future brides still make up the majority of attendees.

"I would say that the guys are more actively involved in the process — cake tasting and choosing colours," she says. "But there are still a lot of brides out there who have been dreaming about this day since they were six years old and they have strong ideas of what they desire."

For more details on the show, visit the website: bridalfantasy.com.





Marshawn Lynch's mom called for Seattle to fire offensive co-ordinator Darrell Bevell on Facebook

Blue Jays wilt in Hotlanta

MLB

Braves snap home losing streak in walk-off style

Andrelton Simmons' tiebreaking RBI single in the ninth inning snapped a 12-game home losing streak and the Atlanta Braves beat the AL East-leading Toronto Blue Jays 3-2 on Tuesday night.

Toronto retained a three-game lead over the New York Yankees, who lost 6-3 to the Tampa Bay Rays.

The Blue Jays, despite the majors' best record since the all-star break, have lost two straight.

The Braves ended the longest home skid in franchise history. They began the game 14-46 overall since July 8.

Aaron Sanchez (7-6) took the loss, allowing four hits, one run and striking out one in 1-1/3 innings.

Arodys Vizcaino (3-1) faced the minimum in the ninth to earn the win.

Blue Jays sluggers Josh Donaldson and Jose Bautista went a combined 0-for-8 with four strikeouts. First baseman Edwin Encarnacion, Toronto's other big bat, missed his second straight game with an injured finger.

Justin Smoak drew a leadoff walk in the second inning and Toronto took the lead on Cliff Pennington's RBI single.

Atlanta went up 2-1 in the bottom of the inning when Simmons grounded out and Freddie Freeman reached on first baseman Smoak's fielding error.

Mark Buehrle struck out two and gave up six hits, one walk and two runs — one earned — in five innings. The left-hander threw just 66 pitches after getting a cortisone shot in his throwing shoulder Sept. 8.

Julio Teheran allowed five hits, two runs, four walks and struck out seven in 5-2/3 innings. He threw 113 pitches.

Smoak's 16th homer, a solo shot to start the sixth, made it 2-all.

Brett Cecil pitched a perfect sixth for Toronto, his 25th consecutive scoreless inning, most by an AL reliever this year.

THE ASSOCIATED PRESS



Andrelton Simmons of the Braves is doused after hitting a walk-off single against the Blue Jays on Tuesday night in Atlanta. KEVIN C. COX/GETTY IMAGES

TUESDAY In Atlanta

3	2
BRAVES	BLUE JAYS

PUSHED TO 'PEN

Manager John Gibbons has moved RHP Drew Hutchison to the bullpen as RHP Marcus Stroman moves into the five-man rotation. Hutchison is 13-4 but has a 5.33 ERA in 27 starts.



Simon Gagne was the 22nd pick in the 1998 draft and played a total of 822 regular-season games. GETTY IMAGES FILE

NHL

Gagne retires after 14 seasons

Simon Gagne announced his retirement Tuesday after playing 14 NHL seasons, winning the Stanley Cup with the Los Angeles Kings and capturing a gold medal with Canada at the 2002 Olympics.

Gagne, whose time in the league was plagued by injuries, still put up 291 goals and 310 assists in 822 career regular-season games for the Philadelphia Flyers, Kings, Tampa Bay Lightning and Boston Bruins.

The left-winger was a major contributor to the Flyers' run to the 2010 Cup final, scoring two game-winning goals as Philadelphia erased a 3-0 series deficit to beat the Bruins.

37

Gagne was a 40-goal scorer twice and scored 37 goals in 109 playoff games.

"Breaking my foot, coming back in Game 4 and scoring the overtime goal and after that slowly coming back in that series and able to go to Boston, going down 3-0 in that Game 7 and coming back and scoring that power-play goal ... (was) definitely one of my best moments with the Flyers," Gagne said on a conference call.

The Ste. Foy, Que., native was the 22nd pick in the 1998 draft and broke into the league as a 19-year-old. He had 20 goals and 28 assists as a rookie in 1999-2000.

He was injured for much of the 2012 playoffs but was still able to lift the Cup with the Kings. THE CANADIAN PRESS

IN BRIEF

NFL's opening weekend yields four missed PATs

If the NFL's opening weekend was any indication of what is to come, post-touchdown conversions could be must-watch moments rather than the bathroom breaks they've long been for viewers on the couch or customers at the stadium.

In light of the league's decision to push the line of scrimmage back from the 2-yard line to the 15, four extra points failed over the weekend in 75 attempts. That's already half the amount of extra points that were missed in 2014, when NFL kickers went 1,222-for-1,230 (99.3 per cent). THE ASSOCIATED PRESS

Strasburg twirls one-hit gem as Nats blank Phillies

Stephen Strasburg gave up one hit and tied a career-best with 14 strikeouts in eight dominant innings, Bryce Harper hit two homers and the Washington Nationals beat the Philadelphia Phillies 4-0 on Tuesday night.

Strasburg (9-7) allowed only a single to Cody Asche leading off the bottom of the fifth — a hard grounder to right field. He has 27 strikeouts in his last two starts.

The hard-throwing righty struck out the side twice and fanned eight of the last 12 batters he faced. Blake Treinen tossed a 1-2-3 ninth to complete the shutout. THE ASSOCIATED PRESS

Adidas replaces Reebok as NHL's jersey supplier

Adidas will take over production of NHL uniforms beginning in the 2017-'18 season, and it's unclear just how many changes will come as a result.

The NHL announced a seven-year deal with Adidas to be its on-ice uniform supplier and also to serve as outfitter for next year's World Cup of Hockey. Commissioner Gary Bettman shot down speculation about the announcement opening the door for advertisements on jerseys and said he didn't think they would go through a major redesign. THE CANADIAN PRESS

RECIPE Thai Chicken and Sugar Snap Pea Stir-Fry



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman



Ready in
Prep time: 10 minutes
Cook time: 12 minutes
Serves 4

Ingredients
Sauce
- 1/4 cup brown sugar
- 1/4 cup rice wine vinegar
- 2 Tbsp light soy sauce
- 1 Tbsp grated ginger root
- 1 Tbsp chopped garlic
- 2 tsp sesame oil

- 8 boneless, skinless chicken thighs
- 2 Tbsp cornstarch
- 2 tsp oil
- 2 cups sugar snap peas, sliced in half
- 2 tsp black and white sesame seeds

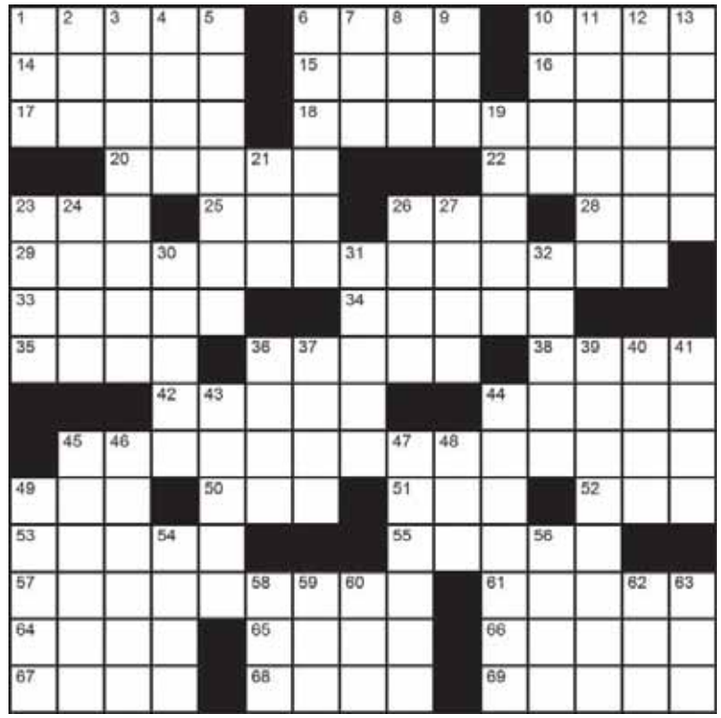
Directions
1. Sauce: Combine sugar, vinegar, soy sauce, ginger, garlic and sesame oil. Set aside.
2. Dust chicken with cornstarch. In a large skillet, add oil and sauté chicken just until cooked through to about 160 F for about 10 minutes. Cut into one-inch pieces.
3. Wipe out skillet, spray with vegetable oil and sauté snap peas just until bright green and still crisp about two minutes. Add dressing and chicken and stir fry just until sauce slightly thickens. Place in serving dish and garnish with sesame seeds.

Nutrition per serving
- Calories 320
- Protein 32 g
- Carbohydrates 27 g
- Fibre 4 g
- Total fat 9 g
- Saturated fat 2 g
- Cholesterol 115 mg
- Sodium 570 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. The real deal
6. Macklemore & __ Lewis
10. Marianas island
14. Sidestep
15. Roof's overhang
16. Formerly
17. R.U.R. playwright Mr. Capek
18. Star Wars furry fellow
20. Major airline in The States
22. Embellish
23. Chill
25. 'Garlic' in Gaspe
26. Fall from grace
28. Away
29. Romantic setting for two in a quaint restaurant: 2 wds.
33. Bay window
34. __ prosequi (Not proceeding, in law)
35. Sort of tide
36. Transferred image, such as a non-permanent tattoo
38. Alphabet sequence
42. City of canals in Japan
44. Three member groups
45. After supper chore: 2 wds.
49. Jack, to Ozzy
50. Previous
51. Nonverbally agree
52. Names like Larry's character on "Dallas"
53. Industrial city in Germany
55. Sporty clothing fabric
57. To that matter, archaically
61. Oars-wielding one
64. The Yukon, e.g.
65. Dracula's one-of-two
66. Arm bones
67. Bits of food
68. Aware/privy: 2 wds.
69. Orange flavourings

DOWN
1. Currency in Albania
2. Little __ ('60s songstress)
3. Evergreen shrub with large white blossoms
4. Notion, in Montreal
5. __-__ book (Revealing celebrity read)
6. Remember
7. Derisive shout!
8. Portage in Winnipeg, e.g.
9. Hot off the press
10. Prod
11. Not hip
12. Grow, as bank interest
13. Intended
19. Commonplace
21. Affiliation
23. Desktop symbol
24. Attention
26. Ancient portico
27. "__ cost you!"
30. Terminus
31. Machu Picchu inhabitant
32. Oft-quoted baseball legend Yogi
36. Willy Wonka's creator Roald
37. Laboriously got by
39. Nickname for Newfoundland's capital that has a unique spelling: 2 wds.
40. Roadie's gig
41. Mail org. in The States
43. Elegant biscuit
44. 2016 U.S. Presidential candidate born in Canada in 1970: 2 wds.
45. __ salt (Seasoning sort)
46. Shopping sales magazine added to a newspaper
47. Iconic train symbol created by Toronto-born graphic designer Allan Fleming (b.1929 - d.1977): acr. + wd.
48. Moviedom's Myrna
49. Brief but heated squabble
54. Goes astray
56. Character's function
58. Spaceship sort, shortly
59. Grandma
60. Mtn. blaster
62. Dine
63. Web feed syst. for updates

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Your ideas may be amazing but unless you find practical ways of applying them to your everyday affairs they won't do you much good. All you need is one simple idea that can be consistently applied — then you'll find fame and fortune.

Taurus April 21 - May 21
Something you begin over the next few days could change your life in remarkable ways, so stop dithering and start living the dream.

Gemini May 22 - June 21
Not everything will go the way you want but things that work out right will far outnumber those that don't. A dispute can now easily be resolved — if you are willing to say sorry first.

Cancer June 22 - July 23
Because recent months have been hectic for you there were a number of things you wanted to do but never quite got round to. Now you can begin to move in a more agreeable direction. Focus only on what brings a smile to your face.

Leo July 24 - Aug. 23
The successes and triumphs of late could still easily be reversed, so don't start thinking you no longer need to make an effort. Don't slow down just before the final chapter.

Virgo Aug. 24 - Sept. 23
Before the Sun leaves your sign on the 23rd there will be one or two more surprises. Make the most of your opportunities.

Libra Sept. 24 - Oct. 23
Get your head around what you need to change to make your life more complete. Be practical — don't let idle daydreams lead you astray.

Scorpio Oct. 24 - Nov. 22
Are you delighted with what you have achieved? Or are you saddened because you wasted so many opportunities? Either way, do not get worked up about it. You will always get another chance.

Sagittarius Nov. 23 - Dec. 21
The way you react to problems is important today. If you criticize others too harshly then you must expect to make yourself unpopular — and most likely make matters worse. Strive to see the good in everyone.

Capricorn Dec. 22 - Jan. 20
Open your eyes to new possibilities. Too often in the past you have been content to let life come to you, but now you must push yourself forward at every opportunity. Success comes to those who dare.

Aquarius Jan. 21 - Feb. 19
Over the next few days you should take any and every opportunity to rest, recuperate and recharge. When the Sun changes signs on the 23rd it will be all go again so save yourself for then.

Pisces Feb. 20 - March 20
Your brain will be buzzing with big ideas. But are they practical ideas? For best results you should limit yourself to one or two objectives.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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